

Orangethicket Wines

Small Wineries, Great Wines

Volume 5, Issue 16

June 28, 2016

Introduction

June is the hottest month of the year in Arizona. This year spectacularly so. In the May newsletter, we had just reached triple digits. Now we are saying the temperatures have dropped by 5 - 10 degrees to around 110F and we are relieved!

Topic of the Month - Happiness Feedback

Last month's topic on happiness resulted in lots of readers telling me about their own happiness and alcohol consumption. Thank you all for those responses. Ali, the owner of the once and future Uncorked Unpretentious Wine Bar (reopening in August), concurred she is always happier with a drink. Deb said that she would have been happier if she had had a drink before a recent waterskiing excursion that resulted in a wipeout. However, Deb, just remember, the phrase "Hold my beer and watch this" is often not a good predictor of a successful outcome. Pam said she was happy, but stressed, as she completes Docent examinations. With the Happiness App on my phone I got to reflect on my state of mind a lot before I deleted it - the App that is. It occurred to me that happiness and stress are somewhat independent; just because you are stressed doesn't mean you have to be unhappy. Cheers.

Rambling

The evening after the May Newsletter went out, Laurie and I went out for dinner with her parents, Iggy and Audrey. We had an enjoyable meal with lots of animated conversation. As we left the restaurant, however, Audrey suffered what we later learned was a massive stroke. She died 9 days later. A shock and great sadness for us all.

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New Customers

[Babbo Italian Eatery](#)

20211 North 67th Avenue
Glendale, AZ 85308
(623) 566-9898

[Red, White and Brew](#)

6740 East McDowell
Mesa, AZ 85215
(480) 807-9393

The Rambler rambles on...

Cheers,

Richard (newsletter writer) and Laurie (editor)
Orangewood Wines

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